

## Good News!

Starting September 1<sup>st</sup>, MDLIVE through AmeriHealth now includes mental health care.

With **MDLIVE's mental health care**, you can speak with board-certified psychiatrists or licensed psychologists/therapists for a wide range of issues, such as anxiety, depression, stress, and more.

You can schedule a video visit with a MDLIVE therapist of your choosing seven days a week, from the comfort of your own home. Build your relationship with that same mental health professional by requesting follow-up appointments through the secure online message center.

### HOW MENTAL HEALTH CARE WORKS

**1. Create your account**

Register for MDLIVE using one of the contact methods (phone, website, or mobile app).

**2. Browse available doctors and appointment times**

You can review provider profiles and available appointment times.

**3. Schedule your appointment**

**4. Meet with provider (video only)**

The care provider meets with you by video and provides treatment and goal-setting.

## What you get with \$0 copay\*

### MENTAL HEALTH CARE

Secure, discreet, and confidential ongoing support for mental or behavioral health issues.

#### Common conditions treated:

- Anxiety/stress
- Depression
- Grief
- Eating disorders
- Trauma resolution
- PTSD
- Work pressures
- Panic disorders
- ADHD

### GENERAL MEDICAL CARE

As a reminder, you still have access to 24/7 virtual care through MDLIVE.

\* If you are currently participating in a High Deductible Health Plan (HDHP), your copay may be more if you have not satisfied your in-network deductible. Please remember that MDLIVE visits are different than your regular health care virtual visits.

### HOW TO CONTACT MDLIVE

- Call: **1.888.964.0942**
- Visit: **www.mdlive.com/ahatpa**
- Go to **www.mdlive.com/mobile** to learn more or download the mobile app from the App Store or Google Play



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