



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 Cinnamon Toast Crunch Cereal Fresh or Canned Fruit	3 Banana Loaf Fresh or Canned Fruit	4 Pop Tart w. Graham Cracker Fresh or Canned Fruit	5 Pillsbury Cini Mini Fresh or Canned Fruit	6 Blueberry Muffin Fresh or Canned Fruit	<b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.  <b>Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
9 Lucky Charms Cereal Fresh or Canned Fruit	10 Blueberry Loaf Fresh or Canned Fruit	11 Pop Tart w. Graham Cracker Fresh or Canned Fruit	12 Pillsbury Cini Mini Fresh or Canned Fruit	13 Chocolate Chip Muffin Fresh or Canned Fruit	
16 Cinnamon Toast Crunch Cereal Fresh or Canned Fruit	17 Banana Loaf Fresh or Canned Fruit	18 Pop Tart w. Graham Cracker Fresh or Canned Fruit	19 Pillsbury Cini Mini Fresh or Canned Fruit	20 Blueberry Muffin Fresh or Canned Fruit	
23 Lucky Charms Cereal Fresh or Canned Fruit	24	25	26	27	
30	31				

**Your Team**  
 Katie Mowry, Food Service Director  
 856.456.7000 ext. 4044  
[GLC@nsfm.com](mailto:GLC@nsfm.com)

**Meal Prices**

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.